

# **Sports Committee**

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# **Sports Committee**

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#### Introduction:

The Sports Committee plays a vital role in promoting sports and physical activities within the university, fostering a healthy and active lifestyle among students, faculty, and staff. This report will cover the committee structure, roles and responsibilities, and the reporting process.

It is imperative to understand first what the sports committee represents. The University Sports Committee is committed to promoting Sports and Physical activities among the university community. It strives to create an inclusive and supportive environment that motivates individuals to engage in regular exercise, leading to improved physical and mental well-being.

#### **Committee Structure:**

The SBS Swiss Business School Sports Committee comprises professionals who operates with the following structure:

President	Mr Jaison James
Vice President	Ms. Fazeen Taj
Student Council Members	Mr. Mohammed Fazal (President), Ms. Farah Al Maharmeh (Vice) and Ms. Aimal Iqbal (Secretary)

The committee members are nominated considering variables as competence for each academic year to provide leadership and guidance to the committee, coordinate committee meetings and set agendas, liaise with the university administration and other relevant stakeholders, oversee the implementation of committee initiatives.



#### **Functions:**

The committee is responsible variety of campus activities including the following:

- Organizing various sports events, tournaments, and competitions throughout the academic year. These events provide
  opportunities for students to showcase their athletic abilities, foster healthy competition, and promote teamwork and
  sportsmanship.
- It ensures the availability and maintenance of sports facilities, equipment, and resources. It works closely with the university administration to allocate adequate resources for the development, upkeep, and enhancement of sports infrastructure, ensuring a safe and conducive environment for sporting activities.
- Also, the committee supports and nurtures the talents of university athletes and sports teams. It provides guidance, mentorship, and necessary resources to help athletes excel in their respective sports disciplines, at the university level
- The committee endeavours to create a vibrant sports culture within the university community. It promotes the values of fair play, sportsmanship, teamwork, and discipline among all participants.

### **Reporting:**

The University Sports Committee maintains a systematic reporting process to ensure transparency and accountability in its activities. Regular reporting is crucial for tracking progress, evaluating the effectiveness of initiatives, and identifying areas for improvement. The committee follows the following reporting procedures:

The committee prepares a report of the events and its performance at the end of academic year and submits the same to the Head of Operations for review and take necessary actions for improvement.



# **Summary of activities:**

Activity	When Conducted	Participants	Feedback Tool	Good Practices	Areas of Improvement
Soccer Basket ball Billiards	2019 - 2020 Academic Year	35 students	Observation and Questionnaire	<ol> <li>Health - Sports day is to encourage students to stay healthy. Sports help improve mental and physical health.</li> <li>Team Building and Leadership Skills - Leading a team students with their decision-making skills and gives them experience of supporting others.</li> </ol>	<ol> <li>Timing</li> <li>2. 2.Sports Coordinators</li> <li>3. 3. Sports equipment and facilities</li> <li>Motivation and reward system</li> </ol>
NA	2020 - 2022 Academic Year			No sports activities due to Covid19	
Soccer Basket ball Billiards Table Tennis	2022 - 2023 Academic Year	60 students	Observation and Questionnaire	<ol> <li>Improved Social Skills - Sets to improve student's social skills and build resilience.</li> <li>Develop discipline - Students attend regular practice sessions. Students also have to make sure they follow the rules of the game and respect the decisions of the referees. These are skills which are transferable to other areas of life.</li> <li>Team work - Encourage students to put into practice some team work skills including cooperation and coordination.</li> <li>Health - Sports day is to encourage students to stay healthy. Sports help improve mental and physical health.</li> </ol>	1. Arrange practice sessions 2. Less Participation from some students 3. Improve refreshments services 4. Add more activities 5. Enhance sports equipment



		5. Team Building and Leadership Skills - Leading a team students with their	
		decision-making skills and gives them experience of supporting others.	

## Feedback:

SBS BBA SPORTS COMMITTEE SURVEY

Following is a percentage summation on students feedback on sports events over the period under consideration which is also given a graphical representation for 2019-2020 and 2022-2023 academic years respectively.

- 2019-2020					
Indicators	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Events are scheduled ahead to allow adequate preparation	10%	40%	15%	5%	30%
Sports Coordinators are encouraging and supportive	35%	20%	30%	5%	10%
Sports equipment and facilities are well maintained and up to date	10%	25%	25%	25%	15%



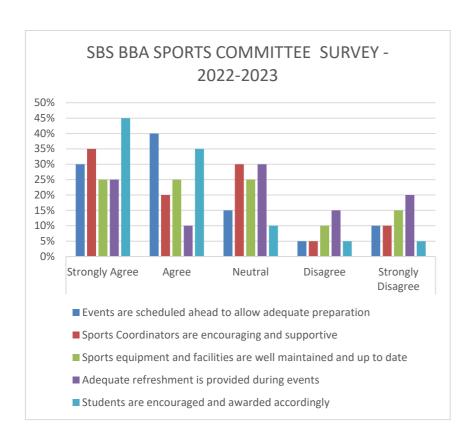
Total	32.00%	26.00%	22.00%	8.00%	12.00%
Students are encouraged and awarded accordingly	5%	35%	10%	5%	45%
Adequate refreshment is provided during events	25%	30%	10%	15%	20%





SBS BBA SPORTS COMMITTEE SURVEY - 2022-2023					
Indicators	Strongl y Agree	Agree	Neutral	Disagre e	Strongl y Disagre e
Events are scheduled ahead to allow adequate preparation	30%	40%	15%	5%	10%
Sports Coordinators are encouraging and supportive	35%	20%	30%	5%	10%
Sports equipment and facilities are well maintained and up to date	25%	25%	25%	10%	15%
Adequate refreshment is provided during events	25%	10%	30%	15%	20%
Students are encouraged and awarded accordingly	45%	35%	10%	5%	5%
Total	32.00%	26.00%	22.00%	8.00%	12.00%







## **Action Plan:**

In the ensuing academic year, the committee intends to take following steps to improve on sports activities for he university after considering the feedback to previous activities.

Action Plan	Responsible	Timeline
<b>Enhance Event Planning and Practice Sessions:</b> improve the scheduling of events to allow adequate preparation time. Establish a structured event planning process that includes timelines, checklists, and clear communication channels. Conduct regular meetings with the Sports Coordinators to ensure effective coordination and preparation for each event.	Mr. Jaison James Ms. Gulnara T.	2023-2024 Academic Year
<b>Improve Support and Encouragement for Participants:</b> Provide training sessions or workshops for Sports Coordinators to enhance their skills in encouraging and supporting participants. Implement an award or recognition system to acknowledge outstanding performances and sportsmanship during events.	Fazeen Taj Mr. Ahmed Sy	2023-2024 Academic Year
<b>Focus on Sports Equipment and Facility Maintenance:</b> Conduct regular inspections of sports equipment and facilities to identify maintenance needs promptly. Collaborate with the university administration to allocate necessary resources for the upkeep and enhancement of sports infrastructure. Establish a feedback mechanism for students to report any issues or suggestions regarding sports equipment and facilities.	Mr. Jaison James Mr. Ahmed Sy	2023-2024 Academic Year
<b>Enhance Refreshment Services during Events:</b> Evaluate the feedback received regarding refreshment provision and work towards addressing any concerns or gaps. Collaborate with food services or catering providers to ensure an adequate and varied refreshment offering during events. Consider the preferences and dietary requirements of participants when planning refreshment options		2023-2024 Academic Year



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